





You want to help your users stay motivated. So do we. That's why our equipment caters to all fitness levels and workout goals. On the Nautilus £10 elliptical, users can choose from a wide range of program options and up to 20 resistance levels.

The inspiration behind our patented SyncLink® technology? The human foot. The patented four-bar linkage system, built into each foot pedal, follows the natural movement of the feet during the entire elliptical motion. Because users will feel more comfortable, their workouts will be more challenging – leading to better results. The articulating pedals also keep hips, knees, and ankles properly aligned.

Other features include:

- Available in virtually limitless custom frame colors
 Pedals are padded for extra cushion and comfort
 Industrial grade poly-V belt provides nearly silent operation and maintenance-free performance
 Maintenance-free I-Glide™ bushings in the foot pedals are resistant to sweat and cleaning solutions and reduce vibrations for smoother, quieter workouts

 Deep groove double sealed for life ball bearings in all other locations for the smoothest, quietest, most reliable motion possible

- Eddy current magnetic brake technology for smooth quiet maintenance free service Eddy brake has no frictional components or brushes to ever wear out or need replacing
- Resistance range: 15-1000 watts, dependent on user effort
- New 3 position handle design to accommodate a wider range of users 10.2" LCD entertainment touch screen has built-in multimedia with iPod connectivity and digital TV
- 7" touch screen available with iPod connectivity Similar cardio console on all cardio units for ease of use
- 10 Workout Programs: Quick Start, Manual, Fat Burner, Calorie Burner, Speed Intervals, Custom Intervals, Random Intensity, Heart Rate Intervals, Calorie Goal, Distance Goal, Heart Rate Zone Trainer
- Water bottle holder positioned in center of console. Entertainment display has integrated iPod holder
- Contact heart rate sensors and wireless telemetry
- Power requirements: Equipment is supplied with a 60 watt battery charger/power supply. Charger/power supply operates from a 100 to 240 VAC, 50-60 Hz wall source.

 The 7" console models can run as cordless or corded (display remains lit if plugged in)

 The 10.2" console requires the charger/power supply to be plugged into a wall power source, while in use Dimensions: 38" W x 86" L x 66" H, Machine Weight: 370 lbs

 Warranty: Frame; 15 years. Parts; 3 years. Wear Items/Labor; 1 year.

 (The labor warranty is not applicable to shipments outside of the U.S.A.)