

TRUE[®] PS/100

RECUMBENT BIKE



LOOKS GREAT... LASTS LONG

The PS100 walk-through recumbent bike is built on a custom-designed, racetrack-inspired steel frame that is a perfect complement to any exercise facility, especially when combined with other cardio pieces in the PS series. TRUE[®] uses the most durable materials available in this class to ensure that the PS100 will look good for the long haul.

SEE THE DIFFERENCE

TRUE uses logical control panels and a LED screen that is easy to read and understand, so your users can "get on and get going" with their workout. And since the PS100 bike is self-generating, it can be placed anywhere in your facility to maximize your space.

PRE-PROGRAMMED WORKOUTS

Six workout options including manual, quick start, random, cardio challenge, fat burn and hills provide a variety of training options for users with a wide range of abilities and goals. Programming on the fly allows users to adjust workout settings while using the bike.

TRUE HRC (HEART RATE CONTROL)[®]

The PS100 is equipped with a contact heart rate monitoring system as well as a wireless telemetry system, both of which assist users in maintaining their optimum heart rate and maximizing their workout results. The HRC Cruise Control[™] function allows users to "lock in" on a specific target heart rate. Cruise Control will automatically adjust speed and incline throughout the duration of a workout to maintain the target heart rate.

ADJUSTABLE, RECLINING SEAT

The TRUE PS100 recumbent bike features a multi-setting, adjustable seat that optimizes range of motion while minimizing pressure on soft tissues. The reclining seat back allows infinite adjustment to fit multiple body types and comfort angles.

BUILT TO LAST

TRUE's PS100 offers one of the most comprehensive warranties in the industry: a lifetime frame warranty, two years on parts and one year labor coverage. At TRUE we stand behind our products, so you can enjoy years of worry free service.



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DRIVE SYSTEM	Power Source	Self-Generating
	Drive System	2 Stage Drive System with Poly-V Belts
	Crank	One Piece Forged Steel Crank System With Sealed Bearings
	Resistance Source	Hybrid Self-Generating Brake
FRAME	Frame	Robotically Welded Heavy-Duty Tubular Steel
	Finish	Powder Coat
	Pedals	Integrated Adjustable Strap
	Handrails/Handlebars	Replaceable Rubber Sleeve on Balance Bar and Seat Handlebar
	Seat	Ergonomic Seat With 24 Custom Settings
CONSOLE	Display Type	Dual Window Red LED
	Key Type	Membrane Switches
	Command Keys	Express, HRC Cruise Control™
	Data Readouts	Time, Distance, RPM, Heart Rate, Work Level, Watts, METs, Calories
	Message Center	16 Character Alphanumeric
	Diagnostics	Display, Speed Sensor, Keys, Heart Rate, D/A Channel
HEART RATE	Contact Heart Rate Monitoring	YES
	Wireless Heart Rate Monitoring	Wireless - Polar® Compatible
	HRC (Heart Rate Control)® Workouts	YES - 1
	HRC Cruise Control™	YES
PROGRAMMING	Workouts	4 Preset
	Custom Workouts	N/A
	Fitness Tests	N/A
OTHER FEATURES	Accessories	Reading Rack, and Water Bottle Holder
	Safety	Reinforced Walk-Through Steel Frame with Secure Footprint
	Entertainment Capabilities	N/A
	Communications	N/A
PHYSICAL SPECIFICATIONS	Footprint	65"L x 30"W (166 cm x 64 cm)
	Machine Weight / Shipping Weight	155 lbs (70 kg) / 210 lbs (96 kg)
	Maximum User Weight	350 lbs (159 kg)
	Resistance Levels	43, Conventional 10 Watt Increments
	Workload Range	30-450 Watts
	Portability	Front Transport Wheels
	Regulatory Approvals	UL, CSA
	WARRANTY	Warranty

* Warranties outside the U.S. and Canada may vary - Please contact your local dealer for details. Specifications subject to change without notice.