

TRUE[®] LC900 UPRIGHT BIKE



The LC900 upright bike is built on a custom-designed, racetrack-inspired steel frame that is a perfect complement to any exercise facility. TRUE uses the most durable materials available in this class to ensure the LC900 will look good for the long haul.

PREMIUM FEATURES:

- **TOUR DE FORCE:** Designed for those seeking a realistic cycling experience; the ergonomic design is ideal for all riders and the aero bars provide great leverage for long distance sessions.
- **TRUE HRC (HEART RATE CONTROL)[®]:** Includes one touch HRC Cruise Control™ which allows the user to “lock in” on a specific target heart rate.
- **BUILT FOR ENDURANCE:** TRUE offers one of the most comprehensive stationary bike warranties in the industry: lifetime frame, three years on parts and three years labor coverage.
- **PROGRAMMED FOR RESULTS:** Users can choose from a variety of pre-programmed workouts including the new RPM-based Pace Setter™ programs.



15" Touch Screen:

- Integrated 15" LCD with Touch Screen technology
- Advanced compatibility with your iPod allows users to easily watch TV, listen to their personal playlist, while simultaneously monitoring their workout performance
- Scenic landscape perspectives allow users to escape into hundreds of alternating serene views
- Goal-focused interface allows users to easily find numerous workout options
- Easy to use language options at the touch of a button
- 19 Preset Programs, 5 Custom Programs*, 5 Saved Workouts

2-Window LCD:

- Traditional, easy-to-read 2-Window LCD screens display the information most important to your users
- Optional wireless entertainment control
- Basic compatibility with your iPod allows users to dock, charge, and change songs
- 7 Preset programs, 3 Custom programs

iPod is a trademark of Apple Inc., registered in the U.S. and other countries. "Made for iPod" means that an electronic accessory has been designed to connect specifically to iPod and has been certified by the developer to meet Apple performance standards. Apple is not responsible for the operation of this device or its compliance with safety and regulatory standards.



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UPRIGHT BIKE

DRIVE SYSTEM	Power Source	120 Volt/15 Amp (NEMA 5-15 Receptacle); Cord Length 12' (3.7 m) - 220v Option Available	Self-Generating
	Drive System	Dual Stage Drive System with Poly-V Belts	
	Crank	One Piece Forged Steel Crank System with Sealed Bearings	
	Resistance Source	Hybrid Self-Generating Brake	
FRAME	Frame	Robotically Welded Heavy-Duty Tubular Steel	
	Pedals	Weighted with integrated ratcheting strap	
	Handrails/Handlebars	Custom dipped foam handlebars	
	Seat	Ergonomic Seat with 15 Position Settings	
CONSOLE	Display Type	15" Touch Screen: LC900-U15T	2-Window LCD: LC900-U2W
	Compatibility for iPod	Advanced	Basic
	Entertainment Capabilities	Integrated 15" LCD with Touch Screen technology and built-in TV, integrated connector for your iPod with music and video featuring onscreen navigation, Scenic Landscape Perspectives, USB connectivity, NTSC/ATSC/QAM digital tuner or PAL/SECAM tuner	Optional integrated wireless entertainment control, integrated connector for your iPod
	Communications	Full CSAFE Compatibility - Fitlinxx*	
	Key Type	N/A	Membrane
	Data Readouts	Elapsed Time, Time Remaining, Distance, Distance Remaining, Pace (RPM), Heart Rate, Target Heart Rate, Workload Level, Watts, METs, Calories, Calories/Hour, Segment Time Remaining	Time, Distance, RPM, Heart Rate, Work Level, Watts, METs, Calories
	Message Center	Digital, Program Specific	17 Character Alphanumeric
	Diagnostics	YES	
HEART RATE	Contact Heart Rate Monitoring	YES	
	Wireless Heart Rate Monitoring	Wireless - Polar® Equipped	
	HRC (Heart Rate Control)® Workouts	YES - 8	YES - 4
	HRC Cruise Control™	YES	
PROGRAMMING	Workouts	19 Preset, 5 Custom*, 5 Saved Workouts	10 Preset, 3 Custom
	Fitness Tests	YMCA Protocol	
OTHER FEATURES	Accessories	Reading Rack, Bottle holder, integrated iPod/Accessory Tray	
	Personal Cooling System	N/A	
	Safety	Reinforced Steel Frame with Secure Footprint	
PHYSICAL SPECIFICATIONS	Footprint	43"L x 25"W (109 cm x 64 cm)	
	Machine Weight / Shipping Weight	143 lbs (65 kg) / 186 lbs (85 kg)	138 lbs (63 kg) / 178 lbs (81 kg)
	Maximum User Weight	350 lbs (159 kg)	
	Resistance Levels	30 Workload Levels	TRUESpeed™ Fine Control, Bike Simulation, Conventional 10 Watt Increments
	Workload Range	40-400 Watts	
	Portability	Front Transport Wheels	
	Regulatory Approvals	UL, CSA, FCC, CE	
WARRANTY	Warranty	Frame Lifetime, Parts 5 Years, Labor 1 Year, Touch Screen Console 3 Yrs, Headphone jack, Connector for your iPod, and USB port - 90 days parts, no labor	Frame Lifetime, Parts 5 Years, Labor 1 Year, Headphone jack, Connector for your iPod, and USB port - 90 days parts, no labor

* In development, please ask Sales Rep for availability.

Warranties outside the U.S. and Canada may vary - Please contact your local dealer for details.

Specifications subject to change without notice.