

PS/100

PS100 Treadmill

MADE TO GO THE DISTANCE

The TRUE® PS100 treadmill is manufactured with commercial-grade materials and the finest components for extreme durability. Coupled with a great warranty and service plan, you know that your treadmill will stand up to years of heavy use.

SAFETY AND COMFORT

TRUE offers users a comfortable and safe workout experience. The PS100 offers one of the largest running surfaces in the industry. This feature, along with handrails, puts you on a treadmill built with safety in mind. In addition, the TRUE Soft System™ ensures the most orthopedically correct shock absorption by providing a soft surface on impact while transitioning to a firm surface for push-off.

EFFECTIVE AND INSPIRING

It's simple to monitor your progress with the easy-to-read LCD screen. The quick keys, data feedback and challenging programs provide you the tools necessary to meet your fitness or weight loss goals.

FOLLOW YOUR HEART TO FITNESS

The PS100 treadmill is equipped with the HRC (Heart Rate Control)® system, which automatically adjusts incline and speed to keep your heart rate within a desired range. You can conveniently control your heart rate with our contact or wireless technology. TRUE also provides HRC Cruise Control™ which allows you to put in your desired heart rate and the treadmill will keep you there by automatically adjusting speed and elevation (it works just like the Cruise Control in your car). Heart Rate Control is the new trend in fitness and weight loss.



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Specifications

Drive System

Drive Motor	TRUE 3hp DC
Incline Motor	Elevation Motor with 1000 lbs of Thrust
Speed Sensor	Magnetic Reed Sensor
Power Source	115 Volt/15 Amp Dedicated (NEMA 5-15 Power Receptacle) Cord Length 10' (3.0 m)

Exercise Surface

Deck	Melamine Laminated 1" Medium Density Fiberboard
Belt	Multi-Ply Polyester Belt With PVC Surface
Rollers	3" Diameter Crowned Rollers
Impact System	TRUE Soft System (neoprene shock absorbers)
Lubrication	TRUE proprietary lubricant "Silax"

Frame

Frame	Robotically Welded Heavy-Gauge Steel
Pedestals	Robotically Welded Heavy-Gauge Steel
Finish	Powder Coat
Aluminum Straddle Covers	N/A

Handrails/Handlebars Protective Dipped Foam Flared Handrails

Medical Handrails N/A

Console

Display Type	7" Single Window LCD
Key Type	Membrane
Command Keys	Express, 1 Touch Quick Speed, HRC Cruise Control
Data Readouts	Speed, Incline, Elapsed Time, Time Remaining, Distance, Pace, Heart Rate, Target Heart Rate, METs, Calories
Diagnostics	Software Version, Hours, Miles, Starts, Display, Heart Rate, Backlight, Contrast, Lower Control Board, RS232, Aux Boards, Remote Keys, Current, Safety Switch, Program Usage, Watch Dog

Warranty

Warranty	Frame Lifetime, Motor 2 Years, Parts 2 Years, Labor 1 Year
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Heart Rate

Contact Heart Rate Monitoring	YES
Wireless Heart Rate Monitoring	Wireless - Polar® Compatible
HRC(Heart Rate Control)® Workouts	1 Target HRC
HRC Cruise Control™	YES

Programming

Programs	10 - Manual, Quick Start, Calorie Burner, Hill Intervals, Speed Intervals (2), Speed Ramp, Glute Buster, Leg Shaper, Cardio Challenge
Custom Workouts	2 User Defined Workouts
Fitness Tests	N/A

Other Features

Accessories	Water Bottle Holder, Key Tray
Safety	Safety Clip Equipped, Extended Handrails, Large Straddle Covers
Entertainment Capabilities	N/A
Communications	N/A
Balance Bar Control Pad	N/A
Personal Cooling System	N/A

Physical Specifications

Footprint	82"L x 35.5"W (209 cm x 90 cm)
Running Surface	60"L x 22"W (153 cm x 55 cm)
Machine Weight / Shipping Weight	288 lbs (131 kg) / 361 lbs (164 kg)
Maximum User Weight	350 lbs (159 kg)
Incline Range	0 to 15%
Speed Range	0.5-12 mph (0.8-19 kph)
Step-Up Height	6.25" (16 cm)
Portability	Front Transport Wheels

Regulatory Approvals UL, CSA