



Scientific Solutions For Fitness™

# MOVE + PROVE = IMPROVE<sup>™</sup>

# IT'S ALL ABOUT IMPROVEMENT

Fitness equipment manufacturers like to talk about what their machines can do. At SCIFIT, we prefer to focus on what people using our equipment can achieve. Every day, we look for smarter ways to help people of all fitness levels get moving, stay motivated and achieve their goals. The fact is, we're in the business of improvement. Our scientific solutions for fitness go beyond our exceptional equipment to include powerful motivators like our Intelli-Fit<sup>™</sup> console and USB Fit-Key<sup>®</sup> to customize and track progress. Thank you for taking the time to learn more about our exciting fitness solutions for you and those you serve. We'd like to hear your ideas and successes, as well. Because, like the people who trust their health to SCIFIT, we're always looking for new ways to improve.

SCIFIT offers the industry's largest range of watts for the ultimate in measurable performance at any fitness level.

# MEDICAL PT, Cardiac and Other Rehabilitation

MOVE + PROVE = IMPROVE

# THE SCIFIT FORMULA FOR SUCCESS

SCIFIT solutions follow a simple yet innovative formula with the power to change lives.

MOVE. Our equipment is designed to make it easy to start moving. Extreme accessibility, low starting resistance and easy interaction are just the beginning.

PROVE. People with goals achieve more. SCIFIT makes it easy for everyone to set, review, and ramp up realistic yet challenging goals for measurable performance.

**IMPROVE.** SCIFIT lets people experience the motivational thrill of improvement.

ACTIVE AGING Retirement, Assisted Living, Nursing

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EDUCATION From Secondary to University Level

500 WATTS

6 WATTS

"At SCIFIT, our culture of encouraging activity and exercise drives everything we do. Our equipment and programs are here to motivate and help people improve their lifestyles."

CEO, SCIFT

HAUTACAM CLIMB PYRENEES MOUNTAINS, FRANCE 2010

# LARRY BORN

UNIFORMED SERVICES Firehouse, Military, Other Government NICHE FITNESS Personal Training, YMCA

SPORTS PERFORMANCE Collegiate, Olympic, Professional

1000 WATTS

# 6 WATTS

MEASURABLY SMARTER

equipment, it's what's inside that counts. SCIFIT's

comprehensive line-up of fitness solutions is

users experience improvement at every level.

loaded with innovative features designed to let

When it comes to comparing exercise

500 WATTS

# PAUL ROBBINS **METABOLIC SPECIALIST,** ATHLETES' PERFORMANCE

rates to accurately show watts for greater improvement."

the power (or watts) the client is putting out. SCIFIT goes beyond heart

"The best way to measure a workout's effectiveness is with feedback from

Time

14:54

Heart Rate

69 P

Quick

Start

12 11

1.8

METS

4.7

Pause

Clear

Start Pedaling

RPM

78

Enter

Mile

Watts

28

0.01 experiencing even the smallest improvements — down to .1 increments KCAL 0 across a broad range of metrics. · Press Quick Start to start or press desired Program Fit-Key FIT-KEY<sup>®</sup> OPTION Customizes your workout and lets

you take your progress with you.

# INTELLI-FIT<sup>™</sup> CONSOLE

The most comprehensive system for

Workload increase + heart rate decrease = Improvement.



# EASY FOR EVERYONE

SCIFIT products offer the industry's lowest starting resistance, easy accessibility, and intuitive consoles, so it's easy to get moving.

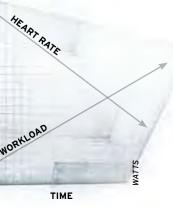
# MEDICALLY ACCURATE

SCIFIT's accuracy of wattage and RPMs allows user to see consistent improvement.

# → INFORMATION IS POWER

Console feedback includes Watts, heart rate, time, RPM, calories, distance, level and METs.

# IMPROVEMENT





# **BI-DIRECTIONAL RESISTANCE**

Only SCIFIT changes directions and lives — with bi-directional resistance in all its products.

# MADE TO LIVE LONGER

Our extremely durable equipment is designed for long life in high-use environments by elite athletes, uniformed personnel, bariatric patients and more.

- Industry's finest hybrid generator brake environmentally friendly and self-powered
- High performance roller chain and sprocket assemblies
- Precision machined, high strength shafts
- U.S.-made, drawn cup roller clutch assemblies for smooth torque transmission
- · Powder coated and plated components protect from perspiration and external elements
- Robust structural designs tested to the highest industry standards

# MAKE EVERY MOVEMENT COUNT

SCIFIT's patent-pending Fit-Key® technology lets you create and use customized workouts on any SCIFIT product - and track your progress over time. With plug-in-and-go convenience, helpful prompts and precise documentation of wattage, heart rate and other metrics, it's like having a virtual trainer to monitor and motivate you for measurable improvement.



Fit-Key<sup>®</sup> software makes it easy to create and save customized exercise templates for individuals, groups or any combination.

Simply save your exercise programs to your Fit-Key<sup>®</sup> USB drive for total wireless portability and convenience.

Your Fit-Key® USB drive uploads your exercise programs into the Intelli-Fit<sup>™</sup> console of any SCIFIT product — and documents each entire workout using precise metrics.



1  $\bigcirc$  $\square$ 

500 WATTS



Fit-Key<sup>®</sup> lets you take results from each workout with you to your computer for the ultimate in performance feedback.

6 WATTS

# **EFFECTIVE EXERCISE PRESCRIPTIONS**

Fit-Key® makes it easy to prescribe specialized exercise programs and track compliance and improvement.



Whether you're looking for detailed results from an individual session or bigpicture trends, Fit-Key<sup>®</sup> software's friendly graphics show progress at a glance.

# STRENGTH IN NUMBERS

Fit-Key<sup>®</sup> helps busy facilities achieve more by optimizing the customized fitness and personal training process. The intuitive software lets personal trainers, medical professionals, educators and more efficiently create and store programs for multiple groups. Fit-Key<sup>®</sup> then provides a smooth traffic flow through a circuit of exercises. With nothing for the user to set up, it's as easy as pressing "start." Best of all, Fit-Key<sup>®</sup>'s immediate and comprehensive feedback lets you adjust programs for maximum effectiveness, while motivating users toward their goals.



Fit-Key<sup>®</sup> motivates users by showing where they've been, where they're going and what they need to get there.

# PRO SERIES

# Versatility in Motion.

SCIFIT PRO Series exercisers give you the power to achieve more. Each couples our Iso-Strength Program with bidirectional resistance to provide a total strength and cardiovascular workout on one machine. A wide variety of options and accessories adds to their versatile performance putting these scientific solutions for fitness to work for people of all fitness levels.

PRO Series products, with their widely adjustable features and accessibility, are ideally suited for medical and rehabilitation markets. Highly durable PRO Sport products deliver the geton-and-go convenience popular in many facilities. The PRO Series delivers safe, accommodating resistance that mirrors the wattage the user exerts to meet them where they are.



րուսիստերաներականերութերաններո 500 WATTS

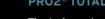
6 WATTS

# PRO SERIES



Adjustable cranks and seats for a custom fit

PR02®



PRO2<sup>®</sup> TOTAL BODY The industry's most versatile rehabilitation tool, the PRO2<sup>®</sup> is an upper body exerciser and lower body recumbent bike in one for a total body solution. Dependent upper and lower cranks enable passive assistance.

- Knee-to-elbow motion for cardio to the core
- Easy access with true, adjustable step through
- Removable seat for wheelchair accessibility
- Standard, adjustable and bariatric seat options
- Therapist assist pedal on adjustable seat
- Bi-directional exercise
- Very low starting resistance

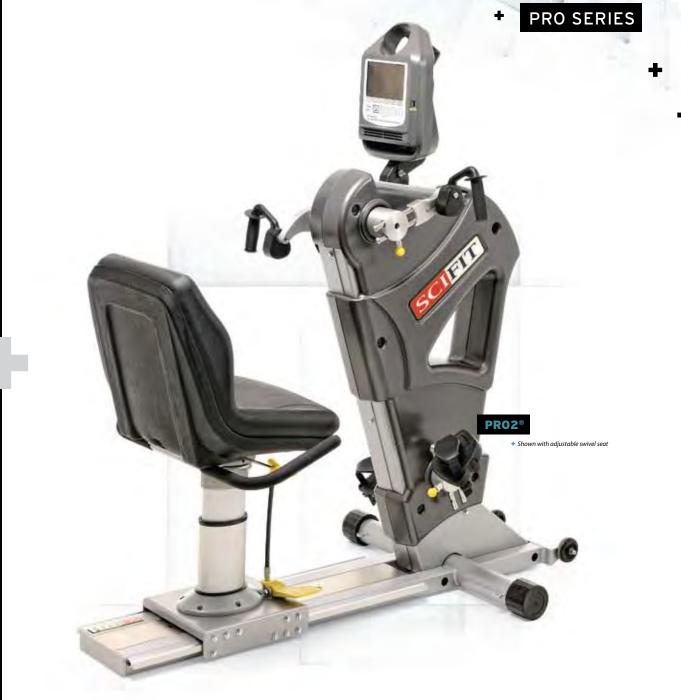
Inclusive Fitness version available

See final pages for complete specs

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## 1000 WATTS

Iso-Strength safe, accommodating strength program





# **PRO1** ADJUSTABLE UPPER BODY

This versatile, highly adjustable upper body exerciser can be used seated or standing. It is also ideal for ground-based training.

- of motion
- True, adjustable step-through accessibility
- Bi-directional exercise
- Iso-Strength safe, accommodating strength program
- Very low starting resistance
- Wheelchair platform included
- Standard, adjustable and bariatric seat options

# PR01000 UPPER BODY

get going.

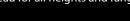
- Adjustable cranks
- Step-through accessibility
- Bi-directional exercise
- Iso-Strength safe, accommodating strength program
- Very low starting resistance
- Standard, adjustable and bariatric seat options
- + Inclusive Fitness version available (PRO1)
- See final pages for complete specs

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# 1000 WATTS

The PRO1000's adjustable arm cranks, accessibility and low starting resistance make it easy to get on and

Adjustable tilt head for all heights and ranges



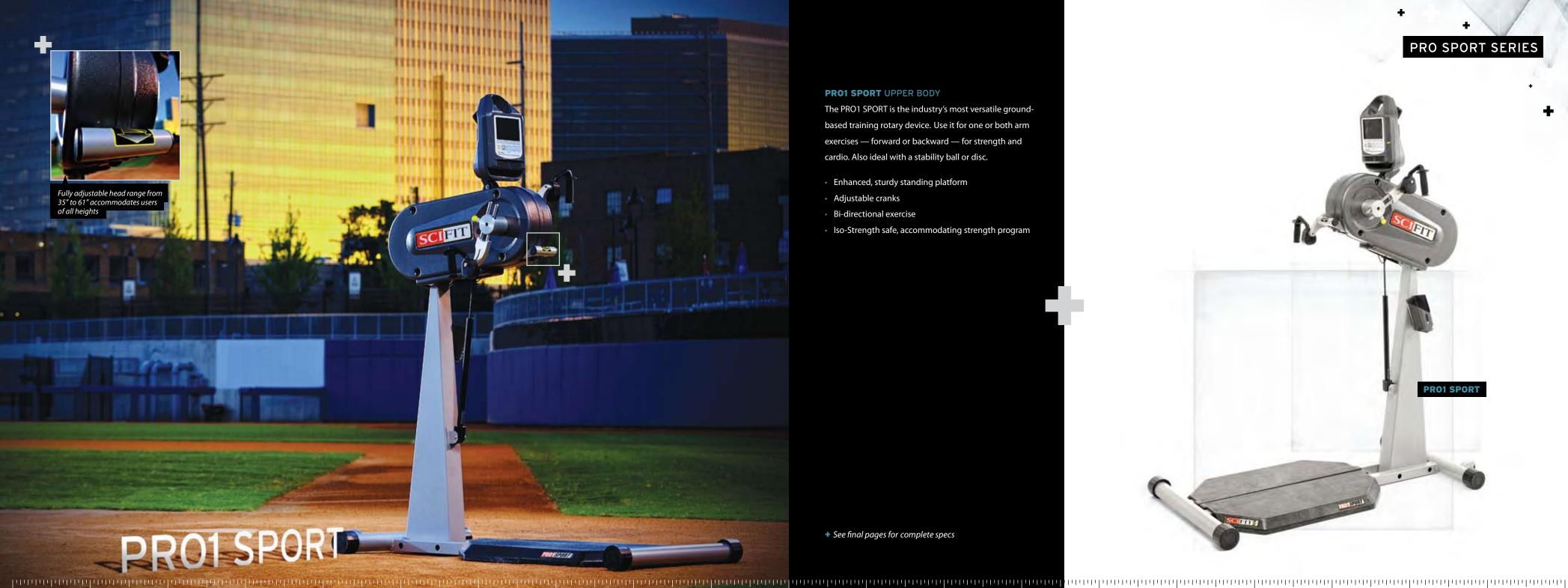
Shown with adjustable swivel seat

PR01000

Shown with sport seat

PR01

PRO SERIES



cardio. Also ideal with a stability ball or disc. Enhanced, sturdy standing platform

- Adjustable cranks
- Bi-directional exercise
- Iso-Strength safe, accommodating strength program

See final pages for complete specs

6 WATTS  500 WATTS

exercises — forward or backward — for strength and

The PRO1 SPORT is the industry's most versatile ground-

based training rotary device. Use it for one or both arm

PRO SPORT SERIES





Handles are 19 degrees from vertical for the most biomechanically comfortable position

PRO2<sup>®</sup> SPORT Complete knee-to-elbow motion range enables both core exercise and cardio training.

 Low profile seat back provides lumbar support and ideal biomechanical positioning for this exercise Bi-directional exercise Iso-Strength safe, accommodating strength program

PRO1000 SPORT The PRO1000 SPORT is an excellent solution for upper body cardio conditioning in a get-on-and-go atmosphere.

- Bi-directional exercise

See final pages for complete specs

# PRO2® SPORT

# 1000 WATTS

Iso-Strength safe, accommodating resistance

 Low profile seat back provides lumbar support and ideal biomechanical positioning for this exercise

PRO2<sup>®</sup> SPORT

PRO1000 SPOR

# PRO SPORT SERIES

# STEP ONE<sup>TM</sup> RECUMBENT STEPPER





The low impact StepOne recumbent stepper provides a smooth, total body functional exercise. StepOne features low starting resistance, wheelchair access, natural movement and a step range that provides patterning similar to walking or climbing stairs. The belt drive provides a smooth, quiet workout.



Removable seat and optional wheelchair platforms for easy wheelchair access.



Rotate hand grips within a 60 degree range.

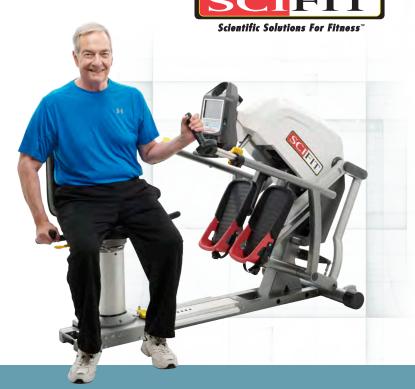
# **PRODUCT HIGHLIGHTS**

| ACCESSIBILITY   | EASY TO START, EASY TO PROGRESS  |
|---|--|
| Seat slides off easily for direct wheelchair access.  | Low starting resistance (6 watts) with 20 levels of resistance   |
| Pedals always come back to neutral starting position for easy entry and start up, and easy entry from both sides.   | adjustable in .1 increments, providing 191 levels of incremental resistance.   |
| Swivel seat sits on a flat, horizontal monorail, making it easy to  | EASY ADJUSTMENTS   |
| move back and forth and providing easy patient transfer.  | Multiple adjustments fit StepOne to any user. Arm length   |
| Integrated grab bar for easy entry and support.   | adjusts from 1 to 12 inches and hand grips are positioned in a 60 degree range.  |
| USER-DEFINED STRIDE LENGTH  | RANGE OF MOTION  |
| CCIFIT/s 2// to 11 5// upon defined attriate largetherite the second state  |  |
| SCIFIT's 2" to 11.5" user-defined stride length gives therapists<br>the ability to transition patients from a low functional state<br>(post cardiac incident, joint replacement, hospital stay) to<br>regaining function. | StepOne is ideal for hip and knee patients. By moving the seat<br>back and adjusting the length of the handles, the therapist can<br>move the patient into a comfortable exercise position while ac-<br>commodating their limited range of motion. |
| the ability to transition patients from a low functional state (post cardiac incident, joint replacement, hospital stay) to   | back and adjusting the length of the handles, the therapist can<br>move the patient into a comfortable exercise position while ac-   |



StepOne joins the SCIFIT family of medical exercise therapy products.

From post-surgery to wellness, SCIFIT products provide a continuum of exercise therapy for individuals regardless of the scope and severity of their conditions. SCIFIT allows them to progress as they improve with the right equipment for their needs.



# **OPTIONS & ACCESSORIES**



Leg Stabilizer Comfortable, secure support without interfering with movement.



Assist Gloves Support the wrist and help the user maintain grip and position.



**Wheelchair Platform** Optional, sturdy foundation for wheelchair use.



**Bariatric Seat** Optional seat provides 600 lb. user weight capacity.

# SPECIFICATIONS

| Unit Weight275 lbs.Unit Size68" L x 30" W x 48" HUser WeightStandard Seat: 450 lbs.CapacityBariatric Seat: 600 lbs.Stride Length2" - 11.5" user-defined stride lengthPowerSelf-generating with auto rechargeRequirementsbattery backup. Low voltage AC<br>adapter included.Network CapabilityCSAFE port & 8-volt DC power portStandardsAccuracy to EN 957-8 standardManufacturingAssembled in USAWarrantyFrame: 10 yearsDatter Supers |                    |                                       |
|---|--------------------|---------------------------------------|
| User Weight<br>CapacityStandard Seat: 450 lbs.<br>Bariatric Seat: 600 lbs.Stride Length2"-11.5" user-defined stride lengthPower<br>RequirementsSelf-generating with auto recharge<br>battery backup. Low voltage AC<br>adapter included.Network CapabilityCSAFE port & 8-volt DC power portStandardsAccuracy to EN 957-8 standardManufacturingAssembled in USAWarrantyFrame: 10 years   | Unit Weight        | 275 lbs.                              |
| CapacityBariatric Seat: 600 lbs.Stride Length2" - 11.5" user-defined stride lengthPowerSelf-generating with auto recharge<br>battery backup. Low voltage AC<br>adapter included.Network CapabilityCSAFE port & 8-volt DC power portStandardsAccuracy to EN 957-8 standardManufacturingAssembled in USAWarrantyFrame: 10 years   | Unit Size          | 68″ L x 30″ W x 48″ H                 |
| Stride Length2"- 11.5" user-defined stride lengthPowerSelf-generating with auto recharge<br>battery backup. Low voltage AC<br>adapter included.Network CapabilityCSAFE port & 8-volt DC power portStandardsAccuracy to EN 957-8 standardManufacturingAssembled in USAWarrantyFrame: 10 years  | User Weight        | Standard Seat: 450 lbs.               |
| PowerSelf-generating with auto recharge<br>battery backup. Low voltage AC<br>adapter included.Network CapabilityCSAFE port & 8-volt DC power portStandardsAccuracy to EN 957-8 standardManufacturingAssembled in USAWarrantyFrame: 10 years   | Capacity           | Bariatric Seat: 600 lbs.              |
| Requirementsbattery backup. Low voltage AC<br>adapter included.Network CapabilityCSAFE port & 8-volt DC power portStandardsAccuracy to EN 957-8 standardManufacturingAssembled in USAWarrantyFrame: 10 years  | Stride Length      | 2" - 11.5" user-defined stride length |
| adapter included.Network CapabilityCSAFE port & 8-volt DC power portStandardsAccuracy to EN 957-8 standardManufacturingAssembled in USAWarrantyFrame: 10 years  | Power              | Self-generating with auto recharge    |
| Network CapabilityCSAFE port & 8-volt DC power portStandardsAccuracy to EN 957-8 standardManufacturingAssembled in USAWarrantyFrame: 10 years   | Requirements       | battery backup. Low voltage AC        |
| StandardsAccuracy to EN 957-8 standardManufacturingAssembled in USAWarrantyFrame: 10 years  |                    | adapter included.                     |
| Manufacturing Assembled in USA<br>Warranty Frame: 10 years  | Network Capability | CSAFE port & 8-volt DC power port     |
| Warranty Frame: 10 years  | Standards          | Accuracy to EN 957-8 standard         |
| · · · ·   | Manufacturing      | Assembled in USA                      |
| Deutes Chicage  | Warranty           | Frame: 10 years                       |
| Parts: 5 years  |                    | Parts: 5 years                        |
| Labor: 1 year   |                    | Labor: 1 year                         |

# IDEAL FOR

| Physical Therapy       |
|------------------------|
| Retirement Communities |
| Skilled Nursing        |
| Hospital Wellness      |
| Special Needs          |
| Weight Loss/Bariatric  |
| Wellness & Fitness     |
|                        |

# www.SCIFIT.com



# AC5000

progressing toward your goals.

- 500 lb user weight capacity
- Dual emergency stop
- Side handrail switches
- Speed range: .1 to 12 mph
- Elevation: 0% to 15%
- Optional extended handrails

# AC5000M

- Extended handrails
- 500 lb user capacity
- Side handrail switches
- Elevation: -3% to 12%

- Certifications: UL1647

See final pages for complete specs

With a low starting speed of .1 mph, adjustable in .1 increments, the AC5000 makes it easy to start

Maintenance-free, shock absorbing deck

Generous walking surface – 22" x 62"

In addition to its low starting speed of .1 mph, the AC5000M increases your options with reverse motion up to 4 mph and a -3% decline for downhill training.

Maintenance-free, shock absorbing deck

• Speed range: .1 to 12 mph, reverse to 4 mph

Generous walking surface – 22" x 62"

Meets current leakage protection standards

CAN/CSA-C22.2 No 68-92

EN60335





# SXT7000 TOTAL BODY ELLIPTICAL

cadence.

- Pedal movement simulates uneven surface to recruit stabilizing muscles
- **Bi-directional exercise**

# SXT7000e<sup>2</sup>

With its lower step and full side rails, the SXT7000e<sup>2</sup> provides easy entry for those needing extra stability.

- elliptical motion
- 50% lower step-up height

See final pages for complete specs

TTTPP:// <u>անհատանությունը հատակատակատուկությունը պատկատուկությունը հատանությունը հատակատուկությունը հատանությունը հատանո</u> THE LEFT 6 WATTS 500 WATTS

1000 WATTS

Safe and easy entry for progression to weight-bearing

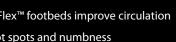
Optimized torso rotation and core muscle recruitment for a weight-bearing total body workout

This whole body cross trainer provides a natural total

body movement that creates a true-to-life walking

and eliminate hot spots and numbness

Orthopedic Bio-Flex<sup>™</sup> footbeds improve circulation





ELLIPTICALS

SXT7000

FIT

SXT7000e<sup>2</sup>



500 WATTS

6 WATTS

1000 WATTS

+ Shown with optional swivel seat

See final pages for complete specs

edge and optional foot strap

climbing stairs to improve functional gait.



REX

REX



500 WATTS

1000 WATTS

See final pages for complete specs

Inclusive Fitness version available

Optional adjustable seat and pedal cranks

Custom 3-piece crank system with oversized pedals

Iso-Strength for safe, accommodating resistance Very low starting resistance

Bi-directional exercise

The ISO7000R adds bi-directional exercise for even

 Iso-Strength for safe, accommodating resistance Very low starting resistance Custom 3-piece crank system with oversized pedals

Optional adjustable seat and cranks

IS01000R

easy access.

IS07000R

greater versatility.

SCIFIT recumbent bikes feature a true adjustable step through that adjusts up to a full 23 inches for safe and





Vertical and horizontal seat adjustments for accurate fit

Bi-directional resistance for complete lower body training

# IS07000



IS01000

- heights
- leg over center support

# IS07000

Bi-directional exercise combined with Iso-Strength turns the ISO7000 into a complete lower body trainer. • All the features of the ISO1000, plus bi-directional

exercise

See final pages for complete specs

իսումուսիսուհանիաներաներաներաներությունը անուհանիաներությունը հանիաներաներությունը հանիաներաներությունը հանիաներաներությունը հանիաներաներությունը հանիաներաներությունը հանիաներաներությունը հանիաներաներությունը հանիաներաներությունը հանիաներաներությունը հանիաներաներաներությունը հանիաներաներությունը հանիաներաներությունը հանիաներաներությունը հանիաներաներաներությունը հանիաներաներությունը հանիաներաներաներությունը հանիաներաներությունը հանիաներաներաներաներաներությունը հանիաներաներաներաներությունը հանիաներաներաներաներաներաներաներությունը հանիաներաներաներաներաներությունը հանիաներաներաներաներաներաներաներաներաներությունը հանիաներաներին հանիաներաներաներաներաներաներաներությունը հանիաներաներին հանիաներինը հանիաներաներին հանիաներաներինը հանիաներաներինը հանիաներիներին հանիաներաներին հանիաներաներին։ 6 WATTS

500 WATTS

1000 WATTS

Dual seat adjustments, a large comfortable seat and easy entry make the ISO1000 ideal for users of all sizes.

Vertically and horizontally adjustable seat ensures an optimal biomechanical fit for a broad range of

Oversized seat provides comfort for all users Step through access allows entry without lifting the





1000 WATTS

STEPPERS

See final pages for complete specs

The TC1000's quiet and smooth movement features independent step action.

Large, orthopedic footbeds with safety edge for

• Wireless heart-rate control (chest strap sold separately)

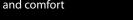
TC1000

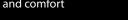
positions

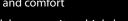
Ergonomic handlebars permit multiple hand

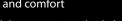
superior traction and comfort

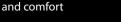














TC1000

# ACCESSORIES

# PRO SERIES



Wheelchair Platform 31180 Provides a sturdy foundation with tethers for stabilization. (Standard on PRO1)

PRO1000 and PRO2



Heavy-Duty Wheelchair Ramp A4098 Approximately 1<sup>1</sup>/<sub>2</sub>" high for manual and powered wheelchair accessibility. Provides increased stabilization and a sturdy foundation. (Standard on Inclusive Fitness version of PRO1 and PRO2)

PRO1, PRO2 and PRO1000



External Rotation Device A2974 Perfect rehab complement to PRO1 and PRO1 Sport Upper Body exercisers. Strengthens internal and external rotators in one exercise.

PRO1 and PRO1 Sport



Assist Gloves, Pair P3981 Designed for individuals who require help gripping the hand cranks. Made of a heavyduty closed cell foam that resists moisture. Flexible, comfortable and easy to clean.

All PROs



TREADMILLS



Straight Grips, A2253 A good option for individuals who have spasticity, weakness, or tremors in their upper extremities.

ALL PROs



High Support Boots, Pair A2242 Calf-high and open in front with selffastening straps to keep legs in place and provide extra foot and lower leg support.

PRO2



Low Support Boots, Pair A3248 Keeps the foot on the pedal with sturdy straps around the back, top, and front of the foot.



Sports Performance Pedal, Pair P4578 High-quality design for high-intensity training. Compatible with Shimano SPD cycling shoes. Reversible for cleat connection. Easily removable.

PRO2





# UPRIGHT AND RECUMBENT BIKES



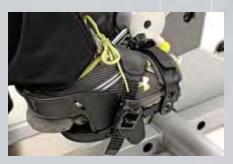
Adjustable Cranks, Pair P4313 Three adjustments (5", 6" and 7") for variable range of motion. Accommodates variable user heights.

ISO1000, ISO7000, ISO1000R and ISO7000R



Sports Performance Pedal, Pair P4578 High-quality design for high-intensity training. Compatible with Shimano SPD cycling shoes. Reversible for cleat connection. Easily removable.

ISO1000, ISO7000, ISO1000R and ISO7000R



Low Support Boots, Pair P3245 Keeps the foot on the pedal with sturdy straps around the back, top, and front of the foot.

ISO1000R and ISO7000R

## RECUMBENT ELLIPTICALS



Foot Straps, Pair A3506 Keeps the feet securely in place. Oversized and adjustable. (Standard on REX with swivel seat option) REX

# Extended Handrail Set P4491

Provides extra support, safety and comfort for entering, exiting and during use. (Standard on AC5000M)

AC5000

# + ACCESSORIES (cont.)

# RECUMBENT STEPPERS



Wheelchair Platform A1180 + A5585 Provides a sturdy foundation with tethers for stabilization. StepOne



Leg Stabilizer, Pair S5619 Provide comfort and stabilization for users with leg weakness or spasticity Durable steel construction.

StepOne



Heavy-Duty Wheelchair Ramp A4098 Approximately 1½" high for manual and powered wheelchair accessibility. Provides increased stabilization and a sturdy foundation.

StepOne



Assist Gloves, Pair P3981 Designed for individuals who require help gripping the hand cranks. Made of a heavyduty closed cell foam that resists moisture. Flexible, comfortable and easy to clean.

StepOne



# ALL PRODUCTS



Wall Pack Transformer (AC Adapter) P1562 Allows self-generating units to be plugged in, so their console remains lit and displays data for longer. (Standard on RST7000, PRO1, PRO2 and PRO1000)

All products except treadmills



Polar<sup>®</sup> Chest Strap Transmitter 65190 Transmits heart rate directly to console. Wireless.

# INCLUSIVE FITNESS

SCIFIT's Inclusive Fitness products offer individuals with disabilities or those with limited mobility or visual impairment, a truly inclusive experience and allows facilities to be functional for more users than ever before.

### Inclusive products feature:

Heavy duty ramps for powered and manual wheelchair accessibility. (PRO1 & PRO2)

Height adjustable swivel seat with handle for easy seat removal. (PRO1 & PRO2)

Oversized pedal with heel cup support and over the foot strap.

Color coded adjustment points (yellow) and moving parts (red).

## SCIFIT's Inclusive Fitness Products:

- IF PRO1 Upper Body
- IF PRO2 Total Body
- IF ISO7000R Recumbent Bike



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|   | PRO SERIES & PRO SPORT SERIES   |   |   |   |   |   |
|---|---|---|---|---|---|---|
|   | PRO2®<br>Total Body   | PRO1<br>Upper Body  | PRO1000<br>Upper Body   | PRO1 Sport<br>Standing Upper Body   | PRO2° Sport<br>Total Body   | PRO1000 Sport<br>Upper Body   |
| Features  |   |   |   |   |   |   |
| Adjustable Head                                       | -   | adjusts 29" – 55", accommodates<br>users of all heights   | -   | adjusts 35" – 61", accommodates<br>users of all heights   |   |   |
| Adjustable Position Console                           | S   | S   | S   | S   | S   | S   |
| Cranks  | adjustable upper & lower  | adjustable upper  | adjustable upper  | adjustable upper  | adjustable upper, fixed lower   | fixed upper   |
| Handles   | 19 degrees from the vertical plane,<br>for the most biomechanically<br>correct position   | 19 degrees from the vertical plane,<br>for the most biomechanically<br>correct position   | 19 degrees from the vertical plane,<br>for the most biomechanically<br>correct position   | 19 degrees from the vertical plane,<br>for the most biomechanically<br>correct position   | 19 degrees from the vertical plane,<br>for the most biomechanically<br>correct position   | 19 degrees from the vertical plane,<br>for the most biomechanically<br>correct position   |
| Seat design   | adjustable/removable with swivel & Therapist Assist Pedal   | adjustable/removable with swivel & Therapist Assist Pedal   | adjustable/removable with swivel & Therapist Assist Pedal   | heavy duty standing platform<br>- no seat   | low profile sport seat  | low profile sport seat  |
| ADA Compliant - seat removes<br>for wheelchair access | s Ł   | s E.  | s E.  | -   | s &.  | s Ŀ.  |
| Passive Assistance                                    | S   |   | -   |   | S   | -   |
| True adjustable step-through                          | S   | S   | S   | -   | S   | S   |
| lesistance  |   |   |   |   |   |   |
| Iso-Strength  | S   | S   | S   | S   | S   | S   |
| Bi-directional Resistance                             | S   | S   | S   | S   | S   | S   |
| Low Starting resistance                               | 6 watts   |
| Resistance levels                                     | 200, adjustable in .1 increments  |
| ower  | self-powered; AC adapter included   |
| ptions and Accessories                                |   |   |   |   |   |   |
| Seat Options  | 1) Fixed (Sport) Seat<br>2) Bariatric Seat – 600 lbs capacity   | 1) Fixed (Sport) Seat<br>2) Bariatric Seat – 600 lbs capacity   | 1) Fixed (Sport) Seat<br>2) Bariatric Seat – 600 lbs capacity   |   |   | -   |
| Internal/External Rotation<br>Device                  | -   | 0   | -   | 0   | -   | -   |
| Wheelchair Platform                                   | 0   | S   | 0   |   | 0   | 0   |
| Heavy Duty Wheelchair Ramp                            | 0   | 0   | 0   | -   | -   | -   |
| Assist Gloves   | 0   | 0   | 0   | 0   | 0   | 0   |
| Heart Rate Transmitter                                | 0   | 0   | 0   | 0   | 0   | 0   |
| Fit-Key® (SCIFIT's exclusive<br>Plug-and-play system) | 0   | 0   | 0   | 0   | 0   | 0   |
| Low Support Boots                                     | 0   | -   | -   | -   | -   | -   |
| High Support Boots                                    | 0   | •   | -   | •   | •   | -   |
| ech Specs   |   |   |   |   |   |   |
| Overall dimensions                                    | 61"L x 30"W x 62"H  | 60"L x 30"W x 67"H  | 61"L x 30"W x 62"H  | 60"L x 30"W x 74"H  | 61"L x 30"W x 62"H  | 61"L x 30"W x 62"H  |
| Weight  | 230 lbs   | 248 lbs   | 220 lbs   | 178 lbs   | 230 lbs   | 220 lbs   |
| User capacity   | CAPACITY BY SEAT:<br>450 lbs - adjustable<br>500 lbs - fixed/sport<br>600 lbs - bariatric   | CAPACITY BY SEAT:<br>450 lbs - adjustable<br>500 lbs - fixed/sport<br>600 lbs - bariatric   | CAPACITY BY SEAT:<br>450 lbs - adjustable<br>500 lbs - fixed/sport<br>600 lbs - bariatric   | 750 lbs   | 500 lbs - fixed/sport seat  | 500 lbs - fixed/sport seat  |
| Varranty  |   |   |   |   |   |   |
| Parts & labor<br>(U.S. only)                          | 3 years parts, 1 year labor.<br>Exceptions: 1 year warranty on<br>pedals and seats. Wear items<br>(rubber hand grips and pedal straps)<br>are excluded from warranty. | 3 years parts, 1 year labor.<br>Exceptions: 1 year warranty on<br>pedals and seats. Wear items<br>(rubber hand grips and pedal straps)<br>are excluded from warranty. | 3 years parts, 1 year labor.<br>Exceptions: 1 year warranty on<br>pedals and seats. Wear items<br>(rubber hand grips and pedal straps)<br>are excluded from warranty. | 3 years parts, 1 year labor.<br>Exceptions: 1 year warranty on<br>pedals and seats. Wear items<br>(rubber hand grips and pedal straps)<br>are excluded from warranty. | 3 years parts, 1 year labor.<br>Exceptions: 1 year warranty on<br>pedals and seats. Wear items<br>(rubber hand grips and pedal straps)<br>are excluded from warranty. | 3 years parts, 1 year labor.<br>Exceptions: 1 year warranty on<br>pedals and seats. Wear items<br>(rubber hand grips and pedal straps)<br>are excluded from warranty. |

# Features Belt Platform Deck Side Handrail Switches Reverse Decline Slow Starting Speed Speed Range Electronic Elevation **Options and Accessories** Available 110v or 220v Full Side Handrails Heart Rate Transmitter Fit-Key® (SCIFIT's exclusive Plug-and-play system) **Tech Specs** Overall dimensions

Weight

User capacity

Electrical requirements

Warranty

Parts & labor (U.S. only)

|   | TREADMILLS   |  |
|---|--|--|
| 1 | AC5000<br>Treadmill  | AC5000M<br>Medical Treadmill   |
|   |  |  |
|   | large, 22x62" - low static, high<br>strength, long lasting   | large, 22x62" - low static, high<br>strength, long lasting   |
|   | extra-wide   | extra-wide   |
|   | maintenance-free Eucalyptus deck -<br>no lubrication   | maintenance-free Eucalyptus deck - no lubrication  |
|   | S  | S  |
|   | -  | reverse to 4 mph   |
|   | -  | decline to -3%   |
|   | .1 mph   | .1 mph   |
|   | .1 to 12 mph   | .1 to 12 mph   |
|   | 0% to 15%, adjustable in .5 increments   | -3% to 12%, adjustable in .5 increments  |
|   |  |  |
|   | 110 volt standard; 220 volt optional   | 110 volt standard; 220 volt optional   |
|   | 0  | S  |
|   | 0  | 0  |
|   | 0  | 0  |
|   |  |  |
|   | 81"L x 32"W x 64"H   | 81"L x 36.4"W x 64"H   |
|   | 485 lbs  | 520 lbs  |
|   | 500 lbs capacity   | 500 lbs capacity   |
|   | dedicated 15 amp circuit, grounded   | dedicated 15 amp circuit, grounded   |
|   |  |  |
|   | 3 years parts, 1 year labor with<br>a 5 year frame and drive system<br>warranty. Exceptions: 1 year<br>warranty on: deck, running belt,<br>contact heart rate grips, heart rate<br>receiver/transmitter. Wear items<br>(grips and rubber foot pads) are<br>excluded from warranty. | 3 years parts, 1 year labor with<br>a 5 year frame and drive system<br>warranty. Exceptions: 1 year<br>warranty on: deck, running belt,<br>contact heart rate grips, heart rate<br>receiver/transmitter. Wear items<br>(grips and rubber foot pads) are<br>excluded from warranty. |
|   |  |  |

| 1 | SEATING                                | <b>pRO1</b><br>Upper Body | <b>PRO1000</b><br>UPP <sup>er Bodi</sup> | y pRO2°<br>Total Body | Recumbent<br>Bikes      | Recumbent<br>Stepper | Recumbent<br>Elliptical |
|---|--|---------------------------|--|-----------------------|-------------------------|----------------------|-------------------------|
|   | Adjustable<br>Oversized<br>Swivel Seat | •<br>(PRO100)             | •<br>(PRO1031)                           | •<br>(PRO230)         |                         | (RST7001)            |                         |
|   | Adjustable Tall<br>Back Seat           |                           |  |                       | (ISO1010R&<br>ISO7011R) |                      |                         |
|   | Fixed Seat<br>(tall back)              |                           |  | (PRO232)              | (ISO1010R&<br>ISO7011R) | (RST7000)            |                         |
|   | Sport Seat<br>(low back)               | •<br>(PRO102)             | (PRO1030 &<br>PRO1032)                   | •<br>(PRO231)         |                         |                      |                         |
|   | Bariatric<br>Seat                      | (PRO117)                  | (PRO1049)                                | (PRO248)              |                         | (RST7002)            |                         |
|   | REX <sup>™</sup> Fixed<br>Sport Seat   |                           |  |                       |                         |                      | •<br>(REX7000)          |
|   | REX <sup>TM</sup><br>Swivel Seat       |                           |  |                       |                         |                      | •<br>(REX7001)          |

# **PRODUCT SPECIFICATIONS** (cont.)

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|   | ELLIPTICALS   |  |   |  |
|---|---|--|---|--|
|   | SXT7000<br>Total Body Elliptical  | SXT7000e <sup>2</sup><br>Easy Entry Total Body Elliptical  | <b>REX</b><br>Total Body Recumbent Elliptical   |  |
| Features  | Concernant of the second se   |  |   |  |
| Dual-position hand grips                                    | S   | S  | S   |  |
| Easy Entry Step & Full Side<br>Handrails                    | -   | S  | -   |  |
| Orthopedic Footbeds - with<br>patented Bio-Flex™ technology | S   | S  | S   |  |
| Patented Tele-Rail® (telescoping<br>rail system)            | S   | S  | -   |  |
| Passive Assistance  |   | -  | yes   |  |
| Bi-directional Resistance                                   | S   | S  | S   |  |
| Contact Heart Rate  | S   | S  | -   |  |
| Iso-Strength  | S   | S  | S   |  |
| Low Starting Resistance                                     | 6 watts   | 6 watts  | 6 watts   |  |
| Resistance Levels   | 200, adjustable in .1 increments  | 200, adjustable in .1 increments   | 200, adjustable in .1 increments  |  |
| ptions and Accessories                                      |   |  |   |  |
| Swivel seat   | -   | -  | 0   |  |
| Foot straps   | -   | -  | O (included with swivel seat option)  |  |
| Heart Rate Transmitter (wireless)                           | 0   | 0  | 0   |  |
| Fit-Key® (SCIFIT's exclusive<br>Plug-and-play system)       | 0   | 0  | О   |  |
| ech Specs   |   |  |   |  |
| Overall dimensions  | 60″L x 32″W x 65″H  | 73″L x 32″W x 65″H   | 73″L x 28″W x 55″H  |  |
| Weight  | 264 lbs   | 336 lbs  | 299 lbs   |  |
| User capacity   | 425 lbs capacity  | 425 lbs capacity   | 450 lbs capacity  |  |
| Electrical requirements                                     | self-powered  | self-powered   | self-powered  |  |
| Varranty  |   |  |   |  |
| Parts & labor<br>(U.S. only)                                | 3 years parts, 1 year labor.<br>Exceptions: 1 year warranty on<br>footbeds and Bio-Flex pads. Wear<br>items (rubber hand grips) are<br>excluded from warranty | 3 years parts, 1 year labor<br>Exceptions: 1 year warranty on<br>footbeds and Bio-Flex pads. Wear<br>items (rubber hand grips) are<br>excluded from warranty | 3 years parts, 1 year labor.<br>Exceptions: 1 year warranty on<br>footbeds, seats, and Bio-Flex pads.<br>Wear items (rubber hand grips) are<br>excluded from warranty |  |

|  | BIKES   |   |   |  |
|--|---|---|---|--|
|  | ISO1000R<br>Recumbent Bike  | ISO7000R<br>Recumbent Bike  | ISO1000<br>Upright Bike   | ISO7000<br>Upright Bike  |
| eatures  |   |   |   |  |
| Seat   | Tall back fixed seat with lumbar support  | Tall back fixed seat with lumbar support  | large seat with vertical and horizontal adjustments   | large seat with vertical and horizontal adjustments  |
| Pedals   | Oversized, adjustable footstraps  | Oversized, adjustable footstraps  | Oversized, Self-righting Pedals   | Oversized, Self-righting Pedals  |
| Step-through access  | Yes, true adjustable step-through   | Yes, true adjustable step-through   | S   | S  |
| Bi-directional Resistance  |   | S   | -   | S  |
| lso-Strength   | S   | S   | S   | S  |
| Low Starting Resistance  | 6 watts   | 6 watts   | 6 watts   | 6 watts  |
| 200 Levels of Resistance   | S   | S   | S   | S  |
| Options and Accessories  |   |   |   |  |
| Adjustable Seat  | 0   | 0   | S   | S  |
| Adjustable Cranks<br>(three lengths to adjust pedal range<br>of motion: 5", 6" and 7") | 0   | 0   | 0   | 0  |
| Sports Performance Pedals  | 0   | 0   | 0   | 0  |
| Heart Rate Transmitter   | 0   | 0   | 0   | 0  |
| Fit-Key® (SCIFIT's exclusive<br>Plug-and-play system)                                  | 0   | 0   | 0   | 0  |
| ech Specs  |   |   |   |  |
| Overall dimensions   | 58″L x 27″W x 55″H  | 58″L x 27″W x 55″H  | 58"L x 24"W x 56.5"H  | 58"L x 24"W x 56.5"H   |
| Weight   | 234 lbs   | 234 lbs   | 170 lbs   | 178 lbs  |
| User capacity  | CAPACITY BY SEAT:<br>450 lbs - adjustable<br>500 lbs - fixed  | CAPACITY BY SEAT:<br>450 lbs - adjustable<br>500 lbs - fixed  | 350 lbs capacity  | 350 lbs capacity   |
| Electrical requirements  | self-powered  | self-powered  | self-powered  | self-powered   |
| Varranty   |   |   |   |  |
| Parts & labor<br>(U.S. only)   | 3 years parts, 1 year labor.<br>Exceptions: 1 year warranty on<br>pedals and seats. Wear items<br>(rubber hand grips and pedal straps)<br>are excluded from warranty. | 3 years parts, 1 year labor.<br>Exceptions: 1 year warranty on<br>pedals and seats. Wear items<br>(rubber hand grips and pedal straps)<br>are excluded from warranty. | 3 years parts, 1 year labor.<br>Exceptions: 1 year warranty on<br>pedals and seats. Wear items<br>(rubber hand grips and pedal straps)<br>are excluded from warranty. | 3 years parts, 1 year labor.<br>Exceptions: 1 year warranty on<br>pedals and seats. Wear items<br>(rubber hand grips and pedal straps<br>are excluded from warranty. |

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|   | STEPPERS  |   |  |
|---|---|---|--|
|   | TC1000<br>Weight Bearing Climber  | StepOne<br>Recumbent Stepper  |  |
| Features  |   |   |  |
| Step Range  | 10.5″   | 11.5″   |  |
| Climbing Speed  | 5' to 110'  | -   |  |
| True adjustable step-through                          |   | S   |  |
| Step Movement   | Independent   | Dependent   |  |
| Orthopedic Footbeds                                   | S   | S   |  |
| Multiple hand positions                               | S   | S   |  |
| Contact heart-rate                                    | S   | -   |  |
| Low Starting Resistance                               | 6 watts   | 6 watts   |  |
| 200 Levels of Resistance                              | S   | S   |  |
| Options and Accessories                               |   |   |  |
| Chest strap heart rate transmitter                    | 0   | 0   |  |
| Oversized, adjustable footstraps                      |   | S   |  |
| Leg Stabilizers, pair                                 |   | S   |  |
| Wheelchair Platform                                   |   | o È.  |  |
| Fit-Key® (SCIFIT's exclusive<br>Plug-and-play system) | 0   | -   |  |
| lech Specs  |   |   |  |
| Overall dimensions                                    | 39"L x 26"W x 70"H  | 68"L x 30"W x 48"H  |  |
| Weight  | 192 lbs   | 275 lbs   |  |
| User capacity   | 375 lbs max. user weight<br>100 lbs min. user weight  | CAPACITY BY SEAT:<br>450 lbs - adjustable<br>500 lbs - fixed/tall back<br>600 lbs - bariatric |  |
| Electrical requirements                               | self-powered  | self-powered; AC adapter included   |  |
| Warranty  |   |   |  |
| Parts & labor<br>(U.S. only)                          | 3 years parts, 1 year labor.<br>Exceptions: 1 year warranty on<br>footbeds. Wear items (rubber hand<br>grips) are excluded from warranty. | 5 years parts, 1 year labor.<br>Exceptions: 1 year warranty on<br>footbeds and seats.         |  |

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