

## EVO SEATED DIP

ITEM # S9SD



FOR YOUR PROTECTION,  
THIS EQUIPMENT HAS  
BEEN TREATED WITH  
mPale™ ANTIMICROBIAL.

[www.mpactusa.com](http://www.mpactusa.com)

### Updated Look. Improved Function.

Nautilus Nitro® EVO features our patent pending 5 lb Increment weight stack, which is perfect for slight strength gains and ideal for newcomers, women and the elderly. Other features include:

- Updated Sleek, Partially Enclosed Weight Shields with a 5.5" Opening
- Marine Grade, Contoured Upholstery for Comfort & Durability
- Updated Exercise Placards for Ease of Use
- Integrated Parts Schematic Simplifies Service
- Proprietary Pin Design Limits Pilferage & Misuse Liability
- Enlarged Bottle Holder & Towel Knob for Convenience
- Multiple Color Options are Available for the Frame and Upholstery
- Warranty: 12 years- Frame/Welded Moving Parts/Weight Stacks, 3 years-Moving Parts, 1 year-Labor and 6 months on upholstery/pads/grips and tethered weight stack pins

**It Moves the Way Your Body Moves.** Driven by our four-bar linkage system, cam design or a combination of both, this unique technology dynamically matches the body's potential increases and decreases in strength. Users get immediate, smooth resistance and proper muscle loading through the complete range of motion, leading to unprecedented results.

### SEATED DIP

The Nautilus Nitro® EVO Seated Dip leans the torso forward, thus attaining increased contraction in the triceps.

- Seat belt for added stability
- Oversized handles distribute load over greater area of hands for increased comfort
- Low starting weight with 5-lb increments
- Double-lock seat adjusts in half-inch increments
- 37" L x 43" W x 54" H / 94 L x 109 W x 137 H cm
- Machine Weight: 550 lbs. / 249 kg, Weight Stack: 245 lbs. / 113 kg