

## EVO SEATED CALF RAISE

ITEM # S9SC



FOR YOUR PROTECTION,  
THIS EQUIPMENT HAS  
BEEN TREATED WITH  
mPale™ ANTIMICROBIAL.

[www.mpactusa.com](http://www.mpactusa.com)

### Updated Look. Improved Function.

Nautilus Nitro® EVO features our patent pending 5 lb Increment weight stack, which is perfect for slight strength gains and ideal for newcomers, women and the elderly. Other features include:

- Updated Sleek, Partially Enclosed Weight Shields with a 5.5" Opening
- Marine Grade, Contoured Upholstery for Comfort & Durability
- Updated Exercise Placards for Ease of Use
- Integrated Parts Schematic Simplifies Service
- Proprietary Pin Design Limits Pilferage & Misuse Liability
- Enlarged Bottle Holder & Towel Knob for Convenience
- Multiple Color Options are Available for the Frame and Upholstery
- Warranty: 12 years- Frame/Welded Moving Parts/Weight Stacks, 3 years-Moving Parts, 1 year-Labor and 6 months on upholstery/pads/grips and tethered weight stack pins

**It Moves the Way Your Body Moves.** Driven by our four-bar linkage system, cam design or a combination of both, this unique technology dynamically matches the body's potential increases and decreases in strength. Users get immediate, smooth resistance and proper muscle loading through the complete range of motion, leading to unprecedented results.

### SEATED CALF RAISE

Enjoy unique, trailing linkage with a footrest design and stationary heel rest that help maintain exceptional muscle isolation.

- Ankles kept in line with axis of rotation, offering superior isolation
- Adjustable seat and back pad provide quick positioning and support for variety of sizes
- Positions user so both gastrocnemius attain maximum stretch
- 58" L x 35" W x 54" H / 147 L x 89 W x 137 H cm
- Machine Weight: 245 lbs. / 113 kg, Weight Stack: 170 lbs. / 77 kg