





Updated Look. Improved Function.

Nautilus Nitro® EVO features our patent pending 5 lb Increment weight stack, which is perfect for slight strength gains and ideal for newcomers, women and the elderly. Other features include:

- Updated Sleek, Partially Enclosed Weight Shields with a 5.5" Opening
- Marine Grade, Contoured Upholstery for Comfort & Durability
- Updated Exercise Placards for Ease of Use
- Integrated Parts Schematic Simplifies Service
- Proprietary Pin Design Limits Pilferage & Misuse Liability
- Enlarged Bottle Holder & Towel Knob for Convenience
- Multiple Color Options are Available for the Frame and Upholstery
- Warranty: 12 years- Frame/Welded Moving Parts/Weight Stacks, 3 years-Moving Parts, 1 year-Labor and 6 months on upholstery/pads/grips and tethered weight stack pins

It Moves the Way Your Body Moves. Driven by our four-bar linkage system, cam design or a combination of both, this unique technology dynamically matches the body's potential increases and decreases in strength. Users get immediate, smooth resistance and proper muscle loading through the complete range of motion, leading to unprecedented results.

MID ROW

The Nautilus Nitro® EVO Mid Row arms and rotating handles follow the body's natural movement to develop back and shoulder muscles.

- Four-bar linkage "Function Generator" accommodates radical strength curve
- + $62''L \times 38''W \times 54''H / 158 L \times 97 W \times 137 H cm$
- Machine Weight: 560 lbs. / 254 kg, Weight Stack: 245 lbs. / 113 kg