



EVO ABDOMINAL

ITEM # S9AB





FOR YOUR PROTECTION, THIS EQUIPMENT HAS BEEN TREATED WITH mPale"ANTIMICROBIAL.

www.mpactusa.com

Updated Look. Improved Function.

Nautilus Nitro® EVO features our patent pending 5 lb Increment weight stack, which is perfect for slight strength gains and ideal for newcomers, women and the elderly. Other features include:

- Updated Sleek, Partially Enclosed Weight Shields with a 5.5" Opening
- Marine Grade, Contoured Upholstery for Comfort & Durability
- Updated Exercise Placards for Ease of Use
- Integrated Parts Schematic Simplifies Service
- · Proprietary Pin Design Limits Pilferage & Misuse Liability
- Enlarged Bottle Holder & Towel Knob for Convenience
- Multiple Color Options are Available for the Frame and Upholstery
- Warranty: 12 years- Frame/Welded Moving Parts/Weight Stacks, 3 years-Moving Parts, 1 year-Labor and 6 months on upholstery/pads/grips and tethered weight stack pins

It Moves the Way Your Body Moves. Driven by our four-bar linkage system, cam design or a combination of both, this unique technology dynamically matches the body's potential increases and decreases in strength. Users get immediate, smooth resistance and proper muscle loading through the complete range of motion, leading to unprecedented results.

ABDOMINAL

The Nautilus Nitro® EVO Abdominal machine is the only true abdominal crunch machine

- · Four-bar linkage provides a moving axis of rotation that simulates the body's moving axis of rotation, increasing user safety
- · Combination of elbow and back pads with hand grips provide upper body stabilization, eliminating lower back muscles' static involvement
- Leg anchoring ankle pads provide lower body stabilization
- Controlled motion movement arms isolates abdominal sheath, eliminating hip flexor involvement
- 41" L x 42" W x 54" H / 104 L x 107 W x 137 H cm
- · Machine Weight: 514 lbs. / 233 kg, Machine Weight: 200 lbs. / 113 kg